

ESAA - LONDON ROLL OF HONOUR

Organised school athletics were taking place in London as early as May 26th, 1865. The *London City Press* newspaper of 3rd June, 1865 refers to the “*the first public competitive sport meeting taking place at the West London Cricket Ground, Old Brompton.*” The event was organised by the Sports Committee of the *City of London School*.

The athletics events were the 100 yards, quarter mile, half mile, mile (won in 5 mins 25 secs), hurdles, high jump and long jump (winning distance 15’ 3”). Other events such as throwing the cricket ball and kicking the football were included. The interesting list of prizes were silver cups, gold and silver pencil-cases, cricket bats and balls, flasks, knives and boxing gloves !

The *London Schools Athletic Association* was formed in 1900, 22 years before any other county association. The early London Schools championships were included in the “*Printing and Allied Trades*” meetings at Herne Hill and Crystal Palace from 1900 to 1914.

It was therefore no surprise that a London Schools team took part in the inaugural ESAA Championship in 1925 or that they were the most successful team in providing the winners of 5 of the 14 athletic events.

OLYMPIC GAMES MEDALLISTS

June Foulds (later Paul)	1952 4 x 100m Bronze, 1956 4 x 100m Silver 1950 I 100y-1
Jean Scrivens	1956 4 x 100m Silver 1952 I 100y-2
Jennifer Stoute	1992 4 x 400m Bronze 1984 S 200m-h-3
Natasha Danvers (also Kent)	2008 400m Hurdles Bronze 1992 J 75mH-2, 1992 J PEN-3, 1993 I 300mH-1, 1994 I 300mH-1, 1995 S 100mH-1
Daryll Neita	2016 4 x 100m Bronze and 4 x 100m Silver, 2024 4 x 100m Silver 2010 J 100m-3, 2011 I 100m-2, 2012 I 100m-1
Georgia Hunter-Bell (née Bell)	2024 1500m Bronze 2008 J 800m-1, 2009 I 800m-2
Daley Thompson	1980 and 1984 Decathlon Gold 1975 S 200m-1
Gary Oakes	1980 400m Hurdles Bronze 1973 J 80mH-2, 1975 I 100mH-1, 1976 S 110mH-3, 1977 S 400mH-1
Linford Christie	1988 100m Silver, 1988 4 x 100m Silver, 1992 100m Gold 1979 S 200m-2
Mike McFarlane	1988 4 x 100m Silver 1974 J 200m-2, 1975 I 200m-1, 1976 I 200m-1, 1977 S 200m-1

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Philips Idowu	2008 Triple Jump Silver 1996 S TJ-2, 1997 S TJ-1
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WORLD CHAMPIONSHIP MEDALLISTS

Shirley Thomas	1983 4 x 100m Silver 1979 I 100m-1, 1980 S 100m-1
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Perri Shakes-Drayton	2011 4 x 400m Bronze 2005 I 300mH-1
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Daryll Neita	2017 and 2019 4 x 100m Silver, 2023 4 x 100m Bronze 2010 J 100m-3, 2011 I 100m-2, 2012 I 100m-1
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Ama Pipi (also Middlesex)	2023 4 x 400m Bronze 2011 I 200m-3, 2012 I 200m-2, 2013 S 200m-3, 2014 S 200m-2
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Georgia Hunter-Bell (née Bell)	2025 800m Silver 2008 J 800m-1, 2009 I 800m-2
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Daley Thompson	1983 Decathlon Gold 1975 S 200m-1
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Linford Christie	1987 100m Bronze, 1991 4 x 100m Bronze, 1993 100m Gold, 1993 4 x 100m Silver 1979 S 200m-2
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Julian Golding	1997 4 x 100m Bronze 1992 S 200m-5
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Philips Idowu	2009 Triple Jump Gold and 2011 Triple Jump Silver 1996 S TJ-2, 1997 S TJ-1
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Tyrone Edgar	2009 4 x 100m Bronze 1998 I 200m-2, 2000 S 100m-1
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Perri-Shakes-Drayton (2017 4 x 400m Silver) and Ama Pipi (2022 4 x 400m Bronze) ran in relay heats but not in the final.

EUROPEAN CHAMPIONSHIP MEDALLISTS

June Foulds (later Paul)	1950 100m Bronze, 1950 4 x 100m Gold 1950 I 100y-1
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Shirley Hampton (later Pirie)	1954 200m Bronze 1952 I 150y-1
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Madeleine Weston	1958 4 x 100m Silver
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(later Cobb)	1955 J 100y-1, 1956 I 100y-1
Andrea Lynch	1974 100m Bronze 1969 I 100m-2, 1970 S 100m-1, 1971 S 200m-1
Shirley Thomas	1982 4 x 100m Silver 1979 I 100m-1, 1980 S 100m-1
Wendy Hoyte (née Clarke)	1982 4 x 100m Silver 1973 I 100m-2, 1974 I 100m-1
Jennifer Stoute	1990 4 x 400m Bronze 1984 S 200m-h-3
Jade Johnson	2002 Long Jump Silver 1994 J LJ-2, 1995 I LJ-1, 1996 I LJ-3, 1998 S 200m-3
Joice Maduaka	2006 4 x 100m Silver 1991 S 100m-3, 1992 S 100m-3
Perri Shakes-Drayton	2010 400m Hurdles Bronze, 2010 4 x 400m Silver 2005 I 300mH-1
Daryll Neita	2016 4 x 100m Silver, 2022 100m Bronze, 2024 200m Silver and 4 x 100m Gold 2010 J 100m-3, 2011 I 100m-2, 2012 I 100m-1
Georgia Hunter-Bell (née Bell)	2024 1500m Silver 2008 J 800m-1, 2009 I 800m-2
Daley Thompson	1978 Decathlon Silver, 1982 Decathlon Gold, 1986 Decathlon Gold and 4 x 100m Bronze 1975 S 200m-1
Linford Christie	1986 100m Gold, 1986 4 x 100m Bronze, 1990 100m Gold, 1990 200m Bronze, 1990 4 x 100m Silver, 1994 100m Gold 1979 S 200m-2
Mike McFarlane	1986 4 x 100m Bronze 1974 J 200m-2, 1975 I 200m-1, 1976 I 200m-1, 1977 S 200m-1
Marcus Adam	1990 4 x 100m Silver 1984 I 200m-1, 1985 S 200m-2
Dalton Grant	1998 High Jump Silver 1982 I HJ-1
Julian Golding	1998 200m Bronze, 1998 4 x 100m Gold 1992 S 200m-5

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Philips Idowu 2010 Triple Jump Gold
1996 S TJ-2, 1997 S TJ-1

James Ellington 2014 and 2016 4 x 100m Gold
2000 J 200m-3, 2003 S 200m-1

Natasha Danvers (1998 4 x 400m Bronze) and Daryll Neita (2018 4 x 100m Gold) ran in the relay heats but not in the final.

COMMONWEALTH GAMES MEDALLISTS

Shirley Burgess 1954 4 x 110y Silver
1951 I 150y-1

Shirley Hampton
(later Pirie) 1954 220y Bronze, 1954 4 x 110y Silver
1952 I 150y-1

June Paul
(née Foulds) 1958 4 x 110y Gold
1950 I 100y-1

Madeleine Weston
(later Cobb) 1958 100y Bronze, 1958 4 x 110y Gold, 1970 4 x 110y Silver
1955 J 100y-1, 1956 I 100y-1

Sheila Hoskin 1958 Long Jump Gold
1953 I 150y-1, 1954 S LJ-1

Joan Page
(later Allison) 1970 and 1974 1500m Silver
1963 I 880y

Marilyn Neufville (JAM) 1970 400m Gold
1966 J 150y-2, 1967 J 150y-2, 1968 I 150y-2, 1969 I 150y-1

Andrea Lynch 1974 100m Silver, 1974 4 x 100m Silver
1969 I 100m-2, 1970 S 100m-1, 1971 S 200m-1

Wendy Hoyte
(née Clarke) 1982 4 x 100m Gold
1973 I 100m-2, 1974 I 100m-1

Joyce Oladapo 1986 Long Jump Gold
1980 I LJ-2, 1981 S LJ-2

Myrtle Augee 1986 Shot Put Bronze, 1990 Shot Put Gold, 1994 and 1998 Shot Put Silver
1981 I SP-2

Jennifer Stoute 1990 4 x 400m Gold, 1990 4 x 100m Silver
1984 S 200m-h-3

Jacqui Agyepong 1994 100m Hurdles Silver
1987 S 100mH-1

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Joice Maduaka	1998 and 2002 4 x 100m Bronze 1991 S 100m-3, 1992 S 100m-3
Jade Johnson	2002 Long Jump Silver 1994 J LJ-2, 1995 I LJ-1, 1996 I LJ-3, 1998 S 200m-3
Lisa Miller	2002 4 x 400m Silver 1999 I 300m-2, 2000 and 2001 S 400m-2
Shani Anderson	2002 4 x 100m Bronze 1992 S LJ-3
Vernicha James	2002 4 x 100m Bronze 1997 and 1998 J 200m-1, 1999 and 2000 I 200m, 2001 S 200m-1
Natasha Danvers (also Kent)	2006 400m Hurdles Silver 1992 J 75mH-2, 1992 J PEN-3, 1993 I 300mH-1, 1994 I 300mH-1, 1995 S 100mH-1
Lorraine Ugen	2018 4 x 100m Gold 2009 S LJ-1
Darryl Neita	2022 100m Bronze and 4 x 100m Gold 2010 J 100m-3, 2011 I 100m-2, 2012 I 100m-1
Georgia Hunter-Bell (née Bell)	2026 800m Gold 2008 J 800m-1, 2009 I 800m-2
Joyce Maduaka (2010 4 x 400m Silver) ran in the relay heat but not in the final.	
Michael Lindsay (SCO)	1962 Shot Put and Discus Throw Silver 1954 I DT-2, 1955 I DT-1, 1956 S DT-1
John Hillier	1974 Discus Throw Bronze 1962 and 1963 S DT-1
John Wilson	1974 4 x 400m Silver 1965 I 220y-2, 1966 S 440y-1, 1967 and 1968 S 440y-3
Daley Thompson	1978, 1982 and 1986 Decathlon Gold, 1986 4 x 100m Silver 1975 S 200m-1
Mike McFarlane	1982 200m Gold, 1986 100m Bronze, 1986 4 x 100m Silver 1974 J 200m-2, 1975 I 200m-1, 1976 I 200m-1, 1977 S 200m-1
Linford Christie	1986 100m Silver, 1990 100m Gold, 1990 4 x 100m Gold, 1994 100m Gold 1979 S 200m-2
Dalton Grant	1990 High Jump Silver, 1998 High Jump Gold 1982 I HJ-1

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Marcus Adam	1990 200m Gold, 1990 4 x 100m Gold 1984 I 200m-1, 1985 S 200m-2
Phil Goedluck	1994 4 x 100m Bronze 1982 J 100m-1, 1984 I 100m-3
Julian Golding	1998 200m Gold, 1998 4 x 100m Gold 1992 S 200m-5
Philips Idowu	2002 Triple Jump Silver, 2006 Triple Jump Gold 1996 S TJ-2, 1997 S TJ-1
Tosin Oke (NGR)	2010 Triple Jump Gold, 2014 Triple Jump Silver 1997 I TJ-2, 1998 S TJ-3

Alex Fugallo (1994 4 x 400m Gold) and James Ellington (2014 4 x 100m Silver) ran in the relay heats but not in the final.

BRITISH CHAMPIONS

Mary Milne	1932-33 and 1935 High Jump 1928 U14 HJ-1
June Foulds (later Paul)	1950-51 100y, 1956 100y and 220y 1950 I 100y-1
Jean Scrivens	1955 220y 1952 I 100y-2
Sheila Hoskin	1956 and 1958 Long 1953 I 150y-1, 1954 S LJ-1
Madeleine Weston (later Cobb)	1958 100y 1955 J 100y-1, 1956 I 100y-1
Shirley Pirie (née Hampton)	1958 440y 1952 I 150y-1
Marilyn Neufville	1970 400m 1966 J 150y-2, 1967 J 150y-2, 1968 I 150y-2, 1969 I 150y-1
Andrea Lynch	1973 and 1975-76 100m 1969 I 100m-2, 1970 S 100m-1, 1971 S 200m-1
Joan Allison (née Page)	1973 1500m 1963 I 880y
Wendy Clarke (later Hoyte)	1981 and 1982 100m 1973 I 100m-2, 1974 I 100m-1

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Joyce Oladapo	1985 Long Jump 1980 I LJ-2, 1981 S LJ-2
Ellen Mulvihill	1987 Discus 1985 S DT-5
Myrtle Augée	1989, 1992-1993, 1999 and 2002 Shot Put 1981 I SP-2
Jennifer Stoute	1990 200m 1984 S 200m-h-3
Lea Haggett	1990, 1992 and 1995 High Jump 1986 J HJ-1, I 1987-88 I HJ-1, 1989 S HJ-2
Joice Maduaka	1998 100m, 1999 100m and 200m, 2002-03 100m, 2004 200m, 2006 100m and 200m, 2009 100m 1991 S 100m-3, 1992 S 100m-3
Natasha Danvers (also Kent)	1998, 2002, 2006-07 400m Hurdles 1992 J 75mH-2, 1992 J PEN-3, 1993 I 300mH-1, 1994 I 300mH-1, 1995 S 100mH-1
Jade Johnson	2002-04, 2008 and 2010 Long Jump 1994 J LJ-2, 1995 I LJ-1, 1996 I LJ-3, 1998 S 200m-3
Shani Anderson	2002 200m 1992 S LJ-3
Phyllis Agbo	2007 Heptathlon and 2009 Long Jump 2000 J 75mH-3, 2000 J PEN-3, 2001 I LJ-1, 2001 and 2002 HEP-1, 2002 I 80mH-2
Perri Shakes-Drayton	2008 400m Hurdles, 2010-13 400m Hurdles, 2011 400m 2005 I 300mH-1
Shaunagh Brown	2013 Hammer Throw 2004 J DT-1, 2005 and 2006 I DT-1
Sineade Gutzmore	2015 Triple Jump 2005 S TJ-5
Lorraine Ugen	2017, 2018 and 2022 Long Jump 2009 S LJ-1
Darryl Neita	2022 100m and 200m, 2023 200m 2010 J 100m-3, 2011 I 100m-2, 2012 I 100m-1
Katie Snowden	2023 1500m 2009 I 800m-1, 2010 I 800m-2

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Divine Oladipo	2024 Shot Put 2014 and 2015 I SP-1, 2016 S DT-1
Georgia Hunter-Bell (née Bell)	2024 1500m, 2025 and 2026 800m 2008 J 800m-1, 2009 I 800m-2
Hannah Hopper (also Kent)	2025 5k Walk 2017 J 3k Walk-3, 2019 I 3k Walk-2, 2021 S 5k Walk-1
Michael Lindsay	1957, 1959-60 Discus Throw, 1963 Shot Put 1954 I DT-2, 1955 I DT-1, 1956 S DT-1
Pan Zeniou	1975 and 1977 Decathlon 1971/72 S JT
Daley Thompson	1976 Decathlon and 1977 Long Jump 1975 S 200m-1
Gary Oakes	1981 400m Hurdles 1973 J 80mH-2, 1975 I 100mH-1, 1976 S 110mH-3, 1977 S 400mH-1
Donovan Reid	1984 100m 1979 I 200m, 1980 and 1981 S 200m-1
Linford Christie	1986, 1988-89, 1991-1994 and 1996 100m, 1988 200m 1979 S 200m-2
Marcus Adam	1989 200m 1984 I 200m-1, 1985 S 200m-2
Dalton Grant	1989-90, 1998 and 2002 High Jump 1982 I HJ-1
Julian Golding	1999 and 2003 200m 1992 S 200m-5
Philips Idowu	2000, 2002, 2006 and 2008-10 Triple Jump 1996 S TJ-2, 1997 S TJ-1
Emeka Udechuku	2003-04 and 2007-09 Discus Throw 1993 J DT-1, 1994 and 1995 I DT-1, 1996 and 1997 S DT-1
Chris Lambert	2004 200m 1997 I 200m-2, 1998 S 200m-2, 1999 S 200m-1
Jermaine Mays	2006 3000m Steeplechase and 2009 1500m 1999 I 1500mST-1, 2000 S 2000mST-2, 2001 S 2000mST-1
Tosin Oke	2007 Triple Jump 1997 I TJ-2, 1998 S TJ-3

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Toby Sandeman	2009 200m 2006 S 200m-6
James Ellington	2012 and 2013 200m 2000 J 200m-3, 2003 S 200m-1
Alex Yee	2018 10000m 2014 I CC-3, 2016 S CC-1
Niclas Baker	2021 400m 2011 I 100mH-4
Daniel Falode	2026 Triple Jump 2019 I TJ-1

Notes regarding the athlete details shown above :

An entry for each athlete consists of the first line detailing their Major Championship medal winning performances or their British Championship title win(s). Second (and subsequent) lines show their ESAA Championship performances in the abbreviated format – *yyyy a eeee p* where :

yyyy Championship Year

a Age Group (I – Intermediate, J – Junior, S – Senior, pre-1948 the age groups were Under-14 (U14) and Under-16 (U16))

eeee Event

p Place achieved (note an 'h-' indicates the performance was in a heat and 'r-' indicates it was in a preliminary round)

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1925	U14	75yH	Violet Shillingford	1955	I	150y	Sylvia Burroughs
1926	U14	150y	H. Guest	1956	I	100y	Madeleine Weston
1926	U14	HJ	F. Blanc	1956	I	4x110y	London
1927	U14	150y	Winnie Coleman	1957	I	150y	Debra Turner
1927	U14	HJ	Marjorie Wheeler	1958	J	150y	Mary Hall
1928	U14	HJ	Mary Milne	1958	J	4x110y	London
1929	U14	100y	Q. Bellamy	1958	J	LJ	Iris Warren
1929	U14	4x100y	London	1958	I	4x110y	London
1930	U14	4x100y	London	1959	J	JT	Valerie Woods
1930	U14	HJ	D. Brown	1959	S	220y	Pat Kippax
1930	U14	LJ	Nellie Carrington	1960	S	220y	Pat Kippax
1931	U14	100y	E. Long	1960	S	DT	Carole Saunders
1931	U14	4x100y	London	1961	J	DT	Kathy Duckett
1934	U16	150y	E. Webb	1961	I	JT	Valerie Woods
1936	U14	100y	J. Forder	1962	I	DT	Kathy Duckett
1937	U14	LJ	Violet Reynolds	1962	S	SP	Valerie Woods
1937	U16	4x100y	London	1963	I	DT	Kathy Duckett
1938	U14	100y	P. Barnes	1963	I	SP	Jacqueline Bowley
1938	U14	HJ	I. Linsell	1964	I	880y	Diane McNamara
1938	U14	LJ	Violet Reynolds	1964	S	SP	Jacqueline Bowley
1938	U16	4x110y	London	1966	I	DT	Siobhan McKinnon
1938	U16	90yH	P. Stone	1967	S	80mH	Irene Powder
1938	U16	LJ	A. Davies	1968	J	JT	Mary Millbank
1939	U16	LJ	Violet Reynolds	1969	I	150y	Marilyn Neufville
1946	U14	4x110y	London	1969	I	4x100m	London
1947	U14	4x110y	London	1969	S	800m	Liz Barnes
1948	J	100y	Sheila Goodwin	1970	J	CC	Lesley Cobden
1948	J	4x110y	London	1970	J	800m	Lesley Cobden
1948	J	70yH	Jacqueline Lucy	1970	S	100m	Andrea Lynch
1948	I	JT	Pauline Reavey	1971	S	200m	Andrea Lynch
1950	I	100y	June Foulds	1971	S	SP	Vanessa Redford
1951	J	4x110y	London	1972	J	100m	Helen Barnett
1951	I	150y	Shirley Burgess	1972	J	SP	Angela Gordon
1952	I	150y	Shirley Hampton	1972	S	SP	Vanessa Redford
1952	I	4x110y	London	1974	I	100m	Wendy Clarke
1952	I	DT	Josephine Brocklehurst	1974	I	4x100m	London
1953	I	100y	M. Angus	1976	S	200m	Eleanor Thomas
1953	I	150y	Sheila Hoskin	1978	S	100m	Lynda Stewart
1953	I	4x110y	London	1979	J	100m	Delmena Doyley
1953	S	DT	Josephine Brocklehurst	1979	I	100m	Shirley Thomas
1954	J	150y	Sylvia Burroughs	1979	I	4x100m	London
1954	S	LJ	Sheila Hoskin	1980	S	100m	Shirley Thomas
1955	J	100y	Madeleine Weston	1980	S	4x100m	London

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ESAA GIRLS CHAMPIONS (cont'd)

1981	J	4x100m	London	2002	I	HEP	Phyllis Agbo
1981	J	LJ	Georgina Oladapo	2003	I	HJ	Shani Rainford
1981	I	4x100m	London	2004	J	DT	Shaunagh Brown
1982	I	LJ	Georgina Oladapo	2005	I	300mH	Perri Shakes-Drayton
1983	I	100m	Georgina Oladapo	2005	I	DT	Shaunagh Brown
1983	I	4x100m	London	2006	I	DT	Shaunagh Brown
1985	J	DT	Zoe Thompson	2006	S	4x100m	London
1985	S	4x100m	London	2006	S	JT	Jade Dodd
1986	J	HJ	Lea Haggett	2008	J	800m	Georgia Bell
1987	I	HJ	Lea Haggett	2009	I	800m	Katie Snowden
1987	S	100mH	Jacqui Agyepong	2009	S	LJ	Lorraine Ugen
1987	S	4x100m	London	2011	J	3k Walk	Heather Butcher
1988	J	4x100m	London	2011	I	4x100m	London
1988	I	HJ	Lea Haggett	2012	J	3k Walk	Heather Butcher
1991	S	100mH	Lauraine Cameron	2012	I	100m	Daryll Neita
1992	S	200m	Donna Bannister	2012	I	4x100m	London
1992	S	4x100m	London	2013	J	3k Walk	Sophie Lewis Ward
1992	S	SP	Uju Efobi	2013	J	75mH	Leigh Thompson
1993	I	300mH	Natasha Danvers	2013	I	3k Walk	Heather Butcher
1993	S	HEP	Uju Efobi	2014	J	CC	Saskia Millard
1994	I	300mH	Natasha Danvers	2014	I	3k Walk	Heather Butcher
1995	J	75mH	Naomi Hodge-Dalloway	2014	I	SP	Divine Oladipo
1995	I	300m	Dion Graham	2015	J	LJ	Ore Adamson
1995	I	LJ	Jade Johnson	2015	I	3k Walk	Sophie Lewis Ward
1996	S	200m	Dion Graham	2015	I	SP	Divine Oladipo
1996	S	4x100m	London	2016	J	3k Walk	Lucy Lewis Ward
1997	J	200m	Vernicha James	2016	J	4x100m	London
1998	J	200m	Vernicha James	2016	J	JT	Danielle Henderson
1998	S	4x100m	London	2016	I	TJ	Claudimira Landim
1999	J	LJ	Channelle Garnett	2016	S	5k Walk	Sophie Lewis Ward
1999	I	200m	Vernicha James	2016	S	100m	Kristal Awuah
1999	S	200m	Emma Whitter	2017	J	SP	Nana Gyedu
2000	J	4x100m	London	2017	I	1500m	Alexandra Brown
2000	I	200m	Vernicha James	2017	I	200m	Kiah Dubarry-Gay
2001	J	PEN	Rebekah Passley	2017	I	4x100m	London
2001	J	4x100m	London	2017	I	LJ	Ore Adamson
2001	I	HEP	Phyllis Agbo	2017	S	100m	Kristal Awuah
2001	I	LJ	Phyllis Agbo	2018	I	100m	Nayanna Dubarry-Gay
2001	S	200m	Vernicha James	2018	I	200m	Kiah Dubarry-Gay
2001	S	4x100m	London	2018	I	SP	Nana Gyedu
2002	J	200m	Donna Walker	2018	S	1500m	Alexandra Brown
2002	J	4x100m	London	2019	I	SP	Nana Gyedu
2002	J	SP	Candee Rhule	2019	S	100m	Akaysha Ellis

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ESAA GIRLS CHAMPIONS (cont'd)

2019	S	200m	Kiah Dubarry-Gay
2021	S	SP	Nana Gyedu
2022	J	200m	Emily Cadman
2022	I	SP	Hannah Bridge
2022	S	4x100m	London
2023	J	200m	Emily Cadman
2023	J	4x100m	London
2023	J	SP	Elsa Shabani
2023	S	4x100m	London
2024	J	SP	Jasmin Nkoso
2024	I	200m	Emily Cadman
2024	I	4x100m	London
2024	I	DT	Gabriella Tcheukam
2024	I	SP	Isabelle Stamp
2025	J	LJ	Sasha Nolan
2025	I	HEP	Jasmin Nkoso
2025	I	200m	Ella Rennie
2025	I	4x100m	London
2025	I	SP	Emilia Adese
2026	J	4x100m	London
2026	J	HJ	Ellen Odigie
2026	J	LJ	Sasha Nolan
2026	I	CC	Sonny Allen
2026	I	1500m	Sonny Allen
2026	I	SP	Emilia Adese

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ESAA BOYS CHAMPIONS

1925	U14	100y	H. Perrott	1953	J	HJ	A. Summers
1925	U14	4x110y	London	1953	S	1M	Roger Dunkley
1925	U14	HJ	R. Baker	1955	I	DT	Michael Lindsay
1925	U14	LJ	John King	1956	S	DT	Michael Lindsay
1927	U14	220y	William Harwood	1957	I	1M	Derek Fernée
1927	U14	4x100y	London	1957	I	880y	Roger Givan
1927	U14	HJ	J. Emanuel	1958	S	440y	J. Baker
1928	U14	440y	W. Gilbert	1961	J	CC	Les Mee
1928	U14	880y	J. Harwood	1961	J	440y	Roger Hudson
1929	U14	220y	A. Calligari	1961	I	HJ	Mike Selby
1929	U14	4x100y	London	1962	I	110yH	Kevin Murray
1930	U14	100y	T. Allden	1962	S	DT	John Hillier
1930	U14	220y	F. Fox	1963	S	DT	John Hillier
1931	U14	440y	Royston Chandler	1964	J	JT	John Ferrary
1931	U14	4x100y	London	1965	J	220y	R. Moore
1934	U14	HJ	Horace Rayment	1965	J	SP	W. Mills
1934	U14	LJ	N. F. Goss	1965	I	TJ	Antony Rush
1934	U16	100y	F. Taylor	1966	S	440y	John Wilson
1934	U16	220y	B. Saunders	1967	I	4x110y	London
1935	U14	4x100y	London	1967	I	HJ	Christopher Alexander
1936	U14	220y	William Walton	1968	I	220y	Graham Hitch
1936	U14	440y	W. Kendell	1968	S	880y	Alan Sutton
1937	U14	4x100y	London	1968	S	PV	John Fenge
1937	U14	HJ	D. V. Pritchard	1969	S	100m	Seigha Alagoa
1937	U16	220y	L. Barber	1969	S	HJ	Christopher Alexander
1937	U16	4x100y	London	1970	J	TJ	Rigsby Agoreyo
1937	U16	880y	B. Ray	1970	I	100mH	Donald Danvers
1939	U14	880y	D. Burns	1971	J	PV	Louis Ying
1939	U16	90yH	D. V. Pritchard	1971	J	TJ	Rigsby Agoreyo
1946	U16	90yH	R. Dewell	1971	I	100m	Steve Green
1947	U14	220y	A. Hatch	1971	I	100mH	Everette Thomas
1948	J	4x110y	London	1972	J	100m	Edwin Effion
1948	J	LJ	George Broad	1972	J	PV	David Anderson
1949	I	100y	P. Teitz	1972	I	100m	Steve Green
1949	I	DT	N. Young	1972	I	LJ	Paul Beck
1950	I	100y	F. Kemp	1972	S	LJ	Jerry Gangadeen
1950	I	440y	H. Pinsent	1972	S	PV	Allan Williams
1950	S	SP	G. Budd	1973	J	100m	David Baptiste
1951	J	JT	P. Turner	1973	J	400m	Graham Field
1951	S	880y	R. Day	1973	J	4x100m	London
1951	S	HJ	Roy Brisley	1973	S	100m	Steve Green
1952	J	100y	P. Hodges	1973	S	4x100m	London
1952	I	1M	Roger Dunkley	1974	J	400m	Peter Wishart

ESAA - LONDON ROLL OF HONOUR

ESAA BOYS CHAMPIONS (cont'd)

1974	J	4x100m	London	1982	I	HJ	Dalton Grant
1974	J	800m	G. James	1982	S	LJ	Femi Abejide
1974	S	HT	Eugene Lawlor	1983	J	4x100m	London
1975	J	200m	Pat Stapleton	1983	J	LJ	Andre Sutherland
1975	J	LJ	Richard Burton	1983	I	4x100m	London
1975	J	PV	Lennox Hamilton	1983	I	PV	Floyd Henry
1975	I	100m	David Baptiste	1983	S	4x100m	London
1975	I	100mH	Gary Oakes	1984	J	HT	Peter Vivian
1975	I	200m	Mike McFarlane	1984	I	100mH	Brett St. Louis
1975	I	4x100m	London	1984	I	200m	Marcus Adam
1975	S	200m	Daley Thompson	1984	I	4x100m	London
1975	S	4x100m	London	1984	S	400m	David Lake
1976	J	LJ	F. Senior	1984	S	4x100m	London
1976	J	TJ	Michael Powell	1985	J	HT	Peter Vivian
1976	I	200m	Mike McFarlane	1985	I	100mH	Brett St. Louis
1976	S	4x100m	London	1985	S	110mH	David Kirton
1976	S	LJ	Vernon Bramble	1985	S	HJ	Andy Hutchinson
1977	J	TJ	Gary Molyneux	1985	S	TJ	Lawrence Lynch
1977	I	HJ	Trevor Llewelyn	1986	J	HT	Adrian Johnson
1977	S	100m	Michael Bond	1986	I	200m	Alex Fugallo
1977	S	200m	Mike McFarlane	1986	I	DT	Neal Brunning
1977	S	400mH	Gary Oakes	1986	I	HT	Peter Vivian
1977	S	4x100m	London	1987	J	4x100m	London
1978	J	PV	Philip Mascoll	1987	J	SP	Jason Mulcahy
1979	J	800m	David Hoinville	1987	I	4x100m	London
1979	I	200m	Donovan Reid	1987	I	DT	Neal Brunning
1979	I	4x100m	London	1987	S	110mH	Brett St. Louis
1979	I	HJ	Ossie Cham	1988	I	HT	Adrian Johnson
1979	S	4x100m	London	1988	I	JT	Gerald Harrison
1980	J	100m	David Smith	1988	S	DT	Neal Brunning
1980	J	4x100m	London	1989	I	SP	Jason Mulcahy
1980	S	100m	Michael Powell	1989	S	DT	Neal Brunning
1980	S	200m	Donovan Reid	1990	I	HJ	Stanley Osuide
1981	J	HJ	Tim McCarthy	1991	J	4x100m	London
1981	J	TJ	Patrick Lindsay	1991	I	400mH	Noel Levy
1981	I	100m	Arnold Hunte	1991	I	HJ	Stanley Osuide
1981	I	800m	David Hoinville	1991	S	LJ	Robert Harding
1981	I	HJ	Femi Abejide	1992	J	LJ	David Gilkes
1981	S	200m	Donovan Reid	1992	I	TJ	Marvin Bramble
1981	S	HJ	Ossie Cham	1993	J	DT	Emeka Udechuku
1982	J	100m	Phil Goedluck	1993	J	JT	Martin Stringer
1982	I	5k Walk	David Hucks	1993	I	TJ	Marvin Bramble
1982	I	100mH	Ererton Harrison	1994	I	DT	Emeka Udechuku

ESAA - LONDON ROLL OF HONOUR

ESAA BOYS CHAMPIONS (cont'd)

1995	J	SP	Adrian Cluskey	2006	I	DT	Curtis Griffith-Parker
1995	I	DT	Emeka Udechuku	2006	S	4x100m	London
1995	I	LJ	Geoffrey Ojok	2006	S	TJ	Jeremy Odametey
1996	J	100m	Joe Brown	2007	J	100m	Sulaiman Bangura
1996	I	200m	Darren Burley	2007	J	4x100m	London
1996	S	5k Walk	Andrew Goudie	2008	J	PEN	Blade Ashby
1996	S	DT	Emeka Udechuku	2008	J	100m	Tunde Judun
1997	I	400mH	Austin Ferns	2008	S	4x100m	London
1997	I	HJ	Kevin McKinson	2009	J	4x100m	London
1997	S	200m	Darren Burley	2009	I	100m	David Bolarinwa
1997	S	400m	Michael Parper	2009	I	4x100m	London
1997	S	400mH	Ruben Tabares	2009	S	2000mST	Tom Bryant
1997	S	DT	Emeka Udechuku	2009	S	200m	Junior Ejehu
1997	S	TJ	Phillips Idowu	2009	S	DT	Curtis Griffith-Parker
1998	I	400mH	Nange Ursell	2010	J	4x100m	London
1998	S	400mH	Ruben Tabares	2010	I	OCT	Blade Ashby
1998	S	4x100m	London	2010	I	100m	David Bolarinwa
1999	J	LJ	Onen Eyang	2010	I	100mH	Blade Ashby
1999	I	1500mST	Jermaine Mays	2010	I	200m	Edmond Amaning
1999	I	LJ	Mark Awanah	2010	I	4x100m	London
1999	S	200m	Chris Lambert	2011	J	4x100m	London
1999	S	400mH	Austin Ferns	2012	J	400m	Mahmood Khaisto
1999	S	HJ	Samson Oni	2012	J	4x100m	London
2000	J	4x100m	London	2013	J	DT	Onur Aksinoglu
2000	I	200m	Monu Miah	2013	J	SP	Rio Andrew
2000	I	4x100m	London	2013	I	100m	Fawwaz Okunola
2000	S	100m	Tyrone Edgar	2013	I	LJ	Tobi Adeniyi
2001	I	4x100m	London	2014	S	200m	Marvin Popoola
2001	I	LJ	Onen Eyang	2016	J	PEN	Dominic Ogbechie
2001	S	2000mST	Jermaine Mays	2016	J	100m	Kyle Reynolds-Warmington
2001	S	DT	David Onwubalili	2016	J	200m	Jaleel Roper
2002	J	4x100m	London	2016	J	300m	William Andoh
2003	J	4x100m	London	2016	J	4x100m	London
2003	J	SP	Jay Thomas	2016	J	HJ	Dominic Ogbechie
2003	S	200m	James Ellington	2016	S	CC	Alex Yee
2004	J	4x100m	London	2017	J	PEN	Joseph Harding
2004	I	SP	Jay Thomas	2017	J	3k Walk	Alex Macheath
2004	I	TJ	Lanre Ali-Balogun	2017	J	SP	Andre Parker
2005	J	DT	Curtis Griffith-Parker	2017	I	LJ	Dominic Ogbechie
2005	I	SP	Jay Thomas	2018	J	3k Walk	Alex Macheath
2005	S	TJ	Lanre Ali-Balogun	2018	J	300m	Amir Sultan-Edwards
2006	J	100m	Dijon Archer	2018	J	HJ	David Bazuaye
2006	J	4x100m	London	2018	I	200m	Dominic Ogbechie

ESAA - LONDON ROLL OF HONOUR

ESAA BOYS CHAMPIONS (cont'd)

2018	I	400mH	Oscar Heaney Brufal
2019	J	3k Walk	Christian Hopper
2019	I	TJ	Daniel Falode
2021	J	800m	Keeran Sriskandarajah
2021	I	5k Walk	Christian Hopper
2023	J	HJ	Solomon Thompson Moodley
2024	J	LJ	Ezekiel Olu-Micah
2024	J	TJ	Jomiloju Hughes
2025	I	400mH	Elijah Olaleye
2026	I	3000m	Arjuna Pflug

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ESAA WHEELCHAIR CHAMPION

Wheelchair races were held for the first time at an ESAA Championships at Bedford in September 2021. They were added to the Combined Events and Race Walking programme.

The two races were held as mixed gender races over the 100 and 400 metre distances with both being won by a London competitor, Illias Zghoundi.

ESAA - LONDON ROLL OF HONOUR

SCHOOLS INTERNATIONAL ATHLETICS BOARD (SIAB)

The SIAB hold 2 annual international meetings for school athletes from England, Ireland, Scotland and Wales. These are for *Cross Country* and *Track and Field*. The *Indoor Pentathlon International* (commonly referred to as the *SIAB Indoor Pentathlon*) is actually organised by the *Scottish Schools' Athletic Association (SSAA)*.

A fourth championship, the *British Schools Indoor Athletics Championships* was also held from 1990 to 2000.

GIRLS WINNERS

1961	S	JT	Valerie Woods	2001	I	80mH	Chanelle Garnett
1962	S	DT	Kathy Duckett	2001	U16	iPEN	Rebekah Passley
1962	S	SP	Valerie Woods	2001	U18	iPEN	Phyllis Agbo
1963	S	DT	Kathy Duckett	2002	U18	iPEN	Phyllis Agbo
1963	S	SP	Jacqueline Bowley	2005	I	300mH	Perri Shakes-Drayton
1964	S	SP	Jacqueline Bowley	2005	I	DT	Shaunagh Brown
1967	S	80mH	Irene Powder	2006	I	DT	Shaunagh Brown
1969	S	800m	Liz Barnes	2009	I	800m	Katie Snowden
1970	S	100m	Andrea Lynch	2010	I	800m	Katie Snowden
1972	S	SP	Vanessa Redford	2012	I	100m	Darryl Neita
1974	I	100m	Wendy Clarke	2013	J	CC	Katy-Ann McDonald
1977	I	100m (B)	Lynda Stewart	2014	I	3k Walk	Sophie Lewis Ward
1980	I	LJ	Joyce Oladapo	2015	I	3k Walk	Sophie Lewis Ward
1986	I	HJ	Lea Haggett	2015	I	SP	Divine Oladipo
1987	I	HJ	Lea Haggett	2017	I	200m	Kiah Dubarry-Gay
1988	I	HJ	Lea Haggett	2017	I	LJ	Oreoluwa Adamson
1992	U16	i60m	Natasha Danvers	2018	I	100m	Nayanna Dubarra-Gay
1993	I	300mH	Natasha Danvers	2018	I	200m	Kiah Dubarry-Gay
1994	I	300mH	Natasha Danvers	2018	I	SP	Nana Gyedu
1995	I	LJ	Jade Johnson	2019	I	SP	Nana Gyedu
1996	U16	i60mH	Naomi Hodge-Dallaway	2021	I	3000m	Fleur Todd-Warmouth
1998	U16	i200m	Vernicha James	2023	I	3000m	Eliza Nicholson
1999	I	200m	Vernicha James	2024	I	DT	Gabriella Tcheukam
1999	U16	i200m	Vernicha James	2024	I	SP	Isabelle Stamp
2000	U16	iLJ	Chanelle Garnett	2025	I	SP	Emilia Adese
2000	U16	iPEN	Phyllis Agbo	2026	I	CC	Sonny Allen

ESAA - LONDON ROLL OF HONOUR

BOYS WINNERS

1966	S	440y	John Wilson	1995	U16	iPEN	Wayne Gray
1967	S	440y	John Wilson	1997	I	400mH	Austin Ferns
1968	S	880y	Alan Sutton	1997	I	HJ	Kevin McKinson
1973	S	400m (B)	John Ratcliffe	1997	U16	i60m	Joe Brown
1975	I	100m	David Baptiste	1997	I	SP	Adrian Cluskey
1975	I	100mH	Gary Oakes	1998	I	400mH	Nange Ursell
1975	I	200m	Mike McFarlane	1999	I	1500mST	Jermaine Mays
1976	I	200m (A)	Mike McFarlane	2000	I	200m	Monu Miah
1978	I	100m (B)	Mike Powell	2000	U16	iLJ	Onen Eyeng
1979	I	HJ	Ossie Cham	2001	I	LJ	Onen Eyong
1984	I	100mH	Brett St. Louis	2004	I	TJ	Lanre Ali-Balogun
1984	I	200m	Marcus Adam	2005	I	SP	Jay Thomas
1985	I	100mH	Brett St. Louis	2006	I	100mH	Aaron James
1986	I	200m	Alex Fugallo	2006	I	DT	Curtis Griffith-Parker
1986	I	DT	Neal Brunning	2009	I	100m	David Bolarinwa
1987	I	400m (B)	Edward Williams	2010	I	100m	David Bolarinwa
1987	I	DT	Neal Brunning	2010	U18	iPEN	Blade Ashby
1988	I	HT	Adrian Johnson	2013	I	100m	Fawwaz Okunola
1988	I	JT	Gerald Harrison	2016	U16	iPEN	Dominic Ogbechie
1988	I	SP	Jason Mulcahy	2017	U16	iPEN	Joseph Harding
1989	I	SP	Jason Mulcahy	2017	I	LJ	Dominic Ogbechie
1991	I	400mH	Noel Levy	2018	I	200m	Dominic Ogbechie
1992	U16	i60m	Courage Edo	2018	I	400mH	Oscar Heaney Brufal
1992	U16	iLJ	David Gilkes	2019	I	200m	Jeriel Quainoo
1992	I	TJ	Marvin Bramble	2019	I	TJ	Daniel Falode
1993	I	TJ	Marvin Bramble	2025	I	400mH	Elijah Olaleye
1994	I	400mH	Dean Park	2026	I	TJ	Jomiloju Hughes
1994	I	DT	Emeka Udechuku				

Winning performances are shown in the following abbreviated format – yyyy a eeee where :

yyyy Championship Year

a Age Group (I – Intermediate, J – Junior, S – Senior, Under-16 (U16), Over-16 (O16) and Under-18 (U18))

eeee Event (preceded by an 'i' indicates at an indoor meeting).

In some events in the 1970s and 1980s two races (A and B) were necessary because of a limited number of lanes at the venue. An '(A)' or '(B)' highlights where this was the case.

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WORLD JUNIOR / U20 MEDALLISTS - GIRLS

1990	Lea Haggett	High Jump Bronze
2000	Lisa Miller	4 x 400m Gold
2002	Lisa Miller	4 x 400m Silver
2002	Vernicha James	200m Gold, 4 x 100m Bronze and 4 x 400m Silver
2018	Kristal Awuah	100m Bronze and 4 x 100m Bronze

Vera Chinedu (2018 4 x 100m Bronze) ran in the relay heat but not in the final.

WORLD JUNIOR / U20 MEDALLISTS - BOYS

1986	David Kirton	4 x 100m Gold
1986	Phil Goedluck	4 x 100m Gold
1990	Jason Livingston	100m Silver
1994	Julian Golding	4 x 100m Gold
1994	Noel Levy	400m Hurdles Bronze and 4 x 400m Bronze
1998	Emeka Udechuku	Discus Throw Silver
2000	Tyrone Edgar	4 x 100m Gold

EUROPEAN U23 MEDALLISTS - GIRLS

1999	Tasha Danvers	400m Hurdles Gold
2001	Jade Johnson	Long Jump Gold
2005	Lisa Miller	4 x 400m Silver
2009	Perri Shakes-Drayton	400m Hurdles Gold
2021	Kristal Awuah	100m Bronze

EUROPEAN U23 MEDALLISTS - BOYS

1997	Julian Golding	200m Gold and 4 x 100m Gold
1999	John Stewart	4 x 100m Gold
2003	Chris Lambert	200m Gold and 4 x 100m Gold
2003	Tyrone Edgar	4 x 100m Gold
2007	James Ellington	4 x 100m Gold
2007	Rikki Fifton	200m Bronze and 4 x 100m Gold
2009	Toby Sandeman	200m Gold and 4 x 100m Gold

Michael Parper and Richard David (1999 4 x 400m Bronze) and David Bolarinwa (2013 4 x 100m Gold) ran in the relay heats but not in the finals.

EUROPEAN JUNIOR / U20 MEDALLISTS - GIRLS

1970	Andrea Lynch	100m Silver
1975	Wendy Clarke	100m Bronze and 200m Silver
1981	Shirley Thomas	100m Silver
1981	Joyce Oladapo	Long Jump Bronze

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1983	Georgina Oladapo	4 x 100m Bronze
1985	Georgina Oladapo	4 x 100m Bronze
1995	Natasha Danvers	100m Hurdles Silver
2001	Vernicha James	200m Gold, 4 x 100m Bronze and 4 x 400m Gold
2001	Lisa Miller	400m Silver and 4 x 400m Gold
2001	Olivia Hines	4 x 400m Gold
2007	Perri Shakes-Drayton	400m Hurdles Silver and 4 x 400m Silver
2023	Renee Regis	100m Silver and 4 x 100m Silver

Nayanna Dubarry-Gay (2019 4 x 400m Gold) ran in the relay heat but not in the final.

EUROPEAN JUNIOR / U20 MEDALLISTS - BOYS

1977	Gary Oakes	400m Hurdles Bronze
1977	Daley Thompson	Decathlon Gold and 4 x 400m Bronze
1979	Mike McFarlane	100m Bronze, 200m Gold and 4 x 100m Silver
1979	Michael Powell	4 x 100m Silver
1987	Marcus Adam	200m Gold and 4 x 100m Gold
1989	Jason Livingston	100m Bronze and 4 x 100m Silver
1993	Ejike Wodu	100m Bronze and 4 x 100m Gold
1993	Noel Levy	400m Hurdles Bronze
1997	Uvie Ugono	4 x 100m Gold
1997	Michael Parper	4 x 400m Bronze
1997	Emeka Udechuku	Discus Throw Gold
1999	Chris Lambert	200m Bronze
1999	Tosin Oke	Triple Jump Gold
2001	Tyrone Edgar	4 x 100m Gold
2003	Monu Miah	100m Bronze and 4 x 100m Gold
2009	Junior Ejehu	4 x 100m Bronze
2011	David Bolarinwa	100m Bronze, 200m Gold and 4 x 100m Silver
2021	Jerel Quainoo	4 x 100m Gold

Julian Golding (1993 4 x 100m Gold) and James Ellington (2003 4 x 100m Gold) ran in the relay heats but not in the finals.

EUROPEAN YOUTH / U18 MEDALLIST - GIRLS

2022	Renee Regis	100m Bronze and Medley Relay Gold
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EUROPEAN YOUTH / U18 MEDALLISTS - BOYS

2018	Dominic Ogbechie	High Jump Gold
2022	Dejaune Lingard	Medley Relay Bronze

ESAA - LONDON ROLL OF HONOUR

MULTI-SPORT ATHLETES

Many athletes who competed in the English Schools' Athletic Association (ESAA) Championships have become very successful in a wide variety of sports including Bobsleigh, Boxing, Cricket, Cycling, Darts, Football, Hockey, Modern Pentathlon, Netball, Powerlifting, Rowing, Rugby League, Rugby Union, Skeleton, Triathlon and Weightlifting.

Details follow of ten of London's ESAA competitors who have gone on to have a successful career in other sports :

BOBSLEIGH - MARCUS ADAM

Marcus represented London when he came second in the 1985 ESAA Senior 200 metres. He was also the 1989 AAA champion and the 1990 Commonwealth champion at 200 metres.

Marcus moved to bobsleigh after his athletics career ended and was 10th in the 1992 Olympic 2-man bob.

BOBSLEIGH - PHIL GOEDLUCK

Phil represented London when winning the 1982 ESAA Junior 100 meters title and finishing third in the 1984 ESAA Inter 100 metres. He also won a 4 x 100 metres relay bronze medal at the 1994 Commonwealth Games.

Phil moved to bobsleigh after his athletics career ended and was 11th in 2002 Olympic 4-man bob.

CRICKET – EBONY-JEWEL RAINFORD-BRENT MBE

Ebony-Jewel represented London when finishing 17th in the 1998 ESAA Junior Shot Put event. She had also been representing Surrey at cricket from the age of 11.

Her cricket career blossomed and she won her first cap for England in August 2001. She went on to make 22 one-day and 7 T20 appearances for England and was a member of the 2009 England World Cup winning squad. Her final England appearance was in March 2010.

Since her retirement from cricket in 2012, Ebony-Jewel has been a cricket summariser and commentator with both BBC and Sky Sports. She was given the role of Director of Women's cricket at Surrey in 2015.

Ebony-Jewel was awarded the MBE in the 2021 Honours List.

FOOTBALL – FRANK NOUBLE

Frank represented London in the 2007 ESAA Inter 200 metres but was eliminated in the heats. In 2008 he was offered the chance to join the Chelsea FC Academy and opted for a football career.

He was only at Chelsea for a year before moving to West Ham for 3 years. He played in 9 Premier League games for the Hammers. The much travelled Frank has since played in the English League for Wolverhampton Wanderers, Ipswich

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Town, Coventry, Gillingham, Southend United, Newport County and Colchester as well as 6 other clubs on short term loans. Frank played 383 league games before his Football League career ended in March 2023.

Frank also played 8 times for the England under-19 side and in China for over a year.

FOOTBALL – STEPHEN ARTHURWORREY

Stephen represented London when finishing third in the 2009 ESAA Junior High Jump. At the time he was a member of the Fulham FC Football Academy.

He signed professional terms with Fulham in 2012 and spent 4 years with them without appearing for the first team. However, Stephen did play 60 Football League games on loan at Tranmere Rovers and Yeovil Town. Sadly a second serious knee injury in 2015 ended his football career at only 21 years of age.

FOOTBALL – WAYNE GRAY

Wayne represented London when finishing second in the 1995 ESAA Junior Boys 100 metres.

He started his professional football career with Wimbledon in 1999 which included 1 Premier League appearance. Altogether he made 176 League starts for Wimbledon and 7 other English League clubs before his League career ended in 2009.

POWERLIFTING and WEICHLIFTING – MYRTLE AUGEE MBE

Myrtle represented London when she won the silver medal in the 1981 ESAA Inter Shot Put event. Between 1989 and 2002 she won 5 WAAA shot put titles and was also the 1990 Commonwealth Games champion. She also won a Commonwealth Games bronze medal in 1986 and silver medals in 1994 and 1998.

In the midst of her highly successful athletics career Myrtle won the 1988 World Powerlifting title (90kg category) and a bronze medal in the super-heavyweight category at the 1994 World Weightlifting Championships. It was the last British World Weightlifting Championship medal for 25 years before Emily Godley won a bronze medal in 2019.

Myrtle was awarded the MBE in 2009.

RUGBY UNION – ANDREW SHERIDAN

Andrew represented London when he finished 7th in the 1994 ESAA Junior and 4th in the 1996 Intermediate shot put events. He was already playing rugby union at the time and had been chosen for the England Under-16 and Under-18 teams.

He made his Richmond rugby union debut in the 1998/99 season before moving to Bristol Shoguns later in 1999. After 70 appearances, in 2003, he signed for Sale Sharks. During a 9 year career with Sale which included 128 appearances he gained all of his England and British Lions caps. He finished his long rugby career with 44 games for Toulon before retiring in 2014.

ESAA - LONDON ROLL OF HONOUR

Andrew made his full England Rugby Union debut in November 2004 and amassed 40 caps before his England career ended in 2011. He also played 2 times for the British and Irish Lions in the 2009 tour to South Africa.

RUGBY UNION – SHAUNAGH BROWN

Shaunagh represented London when winning 3 ESAA Discus Throw titles, the Junior one in 2004 and the Inter in 2005 and 2006. She managed 2 second places in the Discus Throw at the British Championships before changing event and winning the 2013 British Hammer Throw title. She also represented England at the 2014 Commonwealth Games, finishing 11th in the Hammer Throw.

In 2015 she had a professional boxing bout at the famous York Hall, Bethnal Green but decided that was not the sport for her.

Shaunagh started playing rugby union for Medway RFC in 2015 and a year later moved to Harlequins. In 2017 she won her first England cap and gained 27 caps before retiring in December 2022.

TRIATHLON - ALEXANDER YEE MBE

Alex represented London when winning the 2016 ESAA Senior Cross Country title. In 2018 he won the British 10000 metres title and competed in the European Championships. He had been competing successfully in Athletics and Triathlon from 2015.

In 2019 he began competing at the highest level in Triathlon and gained second place at a 2019 World Triathlon Series event in Abu Dhabi. This result helped him to 12th place in the 2019 World Triathlon Series (World Championship). His first World Triathlon Series win was at the Leeds event in June 2021, just 7 weeks before the delayed 2020 Olympic Games in Tokyo.

In the delayed 2020 Olympic Games Alex won the silver medal in the men's Men's Triathlon and the gold medal in the Triathlon Mixed Relay.

In 2022 Alex won the World Triathlon Sprint Men's title and a silver medal in the Mixed Relay Triathlon. He followed this, at the 2022 Commonwealth Games, with the Men's title and a gold medal in the Mixed Relay event.

2 years later Alex became the 2024 Olympic Men's Triathlon champion and also won a bronze medal in the Triathlon Mixed Relay. He then had the perfect finish to 2024 when winning his maiden World Triathlon Series (World Championship) title.

He was awarded the MBE in 2022.